

# ESPRIT



Ottawa-Carleton Association for Persons with Developmental Disabilities/L'Association d'Ottawa-Carleton pour personnes ayant une déficience intellectuelle

Fall 2001

## The Sound of Music



On September 8<sup>th</sup>, we had the pleasure of hosting the "Twin Strings Concert" at Centrepointe Theater.

In a one-of-a-kind fundraising event, internationally acclaimed Yamaha piano recording artist George Davidson travelled from his home in the Cayman Islands to perform one unforgettable evening. Complementing him was Eugenio Leon, who enhanced the excitement with exhilarating Latin sounds of the Paraguayan Harp. WOW! What an evening it was.

The event helped raise more than \$6,000.00 for OCAPDD. Special thanks goes to Mr. Barry Hamilton for all his help in making the event a very successful one. We do hope to have these 2 performers back in September of 2002.

Again, thanks Barry.

Jocelyne Parent Lewis,  
Director of Community Resources

## COMMUNITY BUILDER AWARDS

On Tuesday, November 13, 2001 Jim Watson presented seven volunteers from OCAPDD with the United Way's Community Builder Award. Congratulations to Jack Fraser, Edmund Haines, Ann Smith, Natalia deSavigny, Kirk and Tanya Leclair, and Joe Silverman.

## DAY OF CARING

On Wednesday, October 17, 2001 United Way/Centraide Ottawa-Carleton held their second Annual Day of Caring.

OCAPDD was the recipient of nine matches in the community. Our thanks go out to the 73 volunteers who provided us with over 438 hours of cleaning and painting. Thanks to The Ottawa Citizen, The Ottawa Sun, Senator's Hockey Club, The Investors group, City of Ottawa plus Management Team, Mitel Networks, Nortel Networks, and Marconi Communications.

### *Keep those Golf Clubs close by!*

OCAPDD's 2nd Annual Golf Tournament is scheduled for Thursday, June 6<sup>th</sup>, 2002. Mark it in your calendar to come enjoy a fabulous day, great prizes and excellent food.

Stuntman Stu from "106.9 The Bear" will be our Celebrity MC for a second year.

If you would like to sponsor a hole, donate a prize for the silent auction or door prize, or would just like more details, please contact Jocelyne Parent Lewis, Director of Community Resources, at 569-8993 extension 245.

Our 2002 fundraising goal is to have 34 foursomes participate. The fee of \$95 includes golf, power cart and dinner.

Talk it up, mark your calendar, bring 3 friends! We can achieve our goal if we all participate!

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## Wrapping Anyone?



OCAPDD is wrapping it up for the fifth season at the Carlingwood Mall. Again this year, more than 300 volunteers are helping to wrap gifts to raise funds for the Association.

We kicked off our 2001-2002 gift wrap campaign on Monday, November 26 and will be wrapping until 5 p.m. on Christmas Eve. Our hours of operation are from 9:30 a.m. to 9 p.m. Monday through Friday, Saturday 8 a.m. to 9 p.m. and Sunday 10 a.m. to 5 p.m.

We will also open during Midnight Madness, on Friday, December 21<sup>st</sup> and Saturday, December 22<sup>nd</sup>.



We raised over \$10,000 last year and this year we are aiming for \$11,000. So come out and give us a hand, tell a friend and bring your gifts!

## Giving a hand...



Clients and staff at Ahearn and Moffatt Residences are enjoying new surroundings courtesy of **Sun Microsystems**. 17 volunteers from **Sun Microsystems** painted their way through the main floor of Ahearn and Moffatt Houses in April 2001. 8 of these employees are also helping out by working our Gift Wrap booth in December. Clients and Staff of Ahearn will get to enjoy the Super Circus and munchies on December 29, 2001 as **Sun Microsystems** has generously donated their private box for our clients to enjoy.



**AGERE SYSTEMS** painted the upstairs floor at Nestow Group Home, spruced up the lawns and gardens, helped with the Gift Wrap Program, and gave a generous donation to start the Gift Wrap Project.

Kudos' to **MBNA** who tackled staining the fence at Settler's Ridge Residence and succeeded in doing a wonderful job and for the great work they did staining the deck at Byron Residence in September.

## Foyer Maryland

Le Foyer Maryland situé dans la région Rideauview à Ottawa a ouvert ses portes au mois d'août 1988. Le Foyer Maryland fournit un programme bilingue spécialisé qui offre la gestion du poids pour des adultes ayant une déficience intellectuelle et qui ont en plus des troubles alimentaires sérieux. En ce moment le foyer Maryland dessert cinq personnes. Quatre de ces cinq personnes ont le syndrome Prader-Willi qui est causé par un défaut génétique. La plupart des personnes sont atteintes d'un léger handicap intellectuelle, qui peut-être différent selon les individus. Pour ces personnes contrôler leur poids est un défi qu'elles auront à relever toute leur vie. Le problème est aggravé par le fait qu'elles ont besoin de moins de calories pour maintenir leur équilibre métabolique. Elles ressentent plus tardivement et à un moindre degré que les autres personnes la sensation de satiété. Elles éprouvent donc davantage et plus souvent l'envie de manger. Le Foyer Maryland fournit un programme adapté aux individus. L'équipe travaille ensemble pour offrir suffisamment d'activités tout en maintenant une surveillance stricte de l'alimentation. Si un régime alimentaire hypocalorique strict accompagné d'activités physiques régulières n'est pas mis en place, ces individus développeront une obésité qui pourrait mettre leur vie en danger. Les personnes atteintes du syndrome Prader-Willi sont souvent affables et charmantes. Elles ont aussi en commun des problèmes de comportement (généralement liés à la nourriture) qui sont les suivants: crises de colère, entêtement, manque de souplesse, tendance à argumenter, à agir ou à penser de façon répétitive. Il est difficile de changer ces comportements car ils sont d'origine organiques. On peut tout de même pallier à ces problèmes en structurant mieux l'environnement des individus. Dans certains cas, l'utilisation de médicaments sous contrôle d'un spécialiste peut aussi aider. Les défis à relever par les personnes atteintes du syndrome Prader-Willi sont nombreux mais avec l'approche globale utilisée au foyer Maryland, ces personnes peuvent atteindre un certain degré d'autonomie et de sécurité, et jouir de la vie.

# Resolve to be Involved



During the month of December, Canadians from coast to coast will be encouraged to resolve to be involved in their communities in 2002. Volunteer Canada is celebrating December 5 as the launch of **I WILL Volunteer 2002** campaign.

The time to decide is now. Decide to get involved next year. Think about your interests, the things you care about, the needs of your community, the people you know. Then make the decision to make a difference. Resolve to be involved in 2002. You'll be glad you did.

## AKTION CLUB

An Aktion Club is a community-service group for adult citizens who live with a disability. The mission of Aktion Club is to provide these adults an opportunity to develop initiative and leadership, to serve their community, to be integrated into society, and to demonstrate the dignity and value of citizens living with disabilities. An Aktion Club is sponsored by a Kiwanis club and works in partnership with local agencies.

OCAPDD has had the good fortune of being involved with the Aktion Club over the past two years but this year has been a bonus. The Aktion Club partnered with us for our annual picnic and barbeque held last August, and their many hands and financial assistance ensured a good time for all.

The Aktion Club has linked up with the National Archives Shredding Program for their annual Christmas party on December 11, 2001. It will be held at the Legion on Kent Street and between the dinner, dance and a visit from Santa it promises to be a good time for all.

The National Capital Region Aktion Club is the first Aktion Club in Canada, and meets every second Tuesday. If you would like further information, please contact Debbie Blasutti at 569-8993 extension 243.

# Silver Spring Agricultural Project 2001



Thanks to the efforts of countless volunteers, the summer of 2001 saw a successful garlic crop. The size, quality and flavour of this year's garlic is the best we've ever grown in five years at the farm.

More than 100 volunteers from the Church of Jesus Christ of Latter Day Saints, and other organizations, have helped in the harvesting of garlic. The harvest would not be possible if it weren't for the many volunteers. These volunteers planted almost 30,000 garlic cloves last fall, and weeded and rototilled the plants this summer.

Thank you to all: you have made a contribution of time and effort for our gift fund at Silver Spring Farm. A special thanks goes to Jack Fraser and Ed Haines who have been the heart and soul of this project. Well done!!!

## President's Report

I regret to inform you that Margaret Matheson has found it necessary to resign as our President due to an extremely heavy workload with her law practice. She will be missed as she was the driving force over the last 18 months in establishing a new governance model for our Board.

Writing as your new interim president from now until the June Annual General Meeting (AGM), I am mainly concerned with what appears to be a growing reduction in financial support by various levels of Government for health care. Please be assured that our Board will do all it can to protect our programs.

As the Board indicated at the last AGM there will be no nominations from the floor for Board members. If you have any candidates that you would like to nominate please contact Natalie Ethier at 569-8993, extension 225.

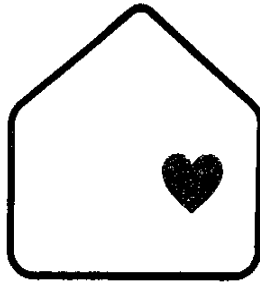
Finally, on a brighter note, I would like to take this opportunity on behalf of the Board to wish everyone within the OCAPDD organization a very Merry Christmas and a Happy New Year.



Bob Mitchell

## Celebrating Ten Years Together

On September 7, 2001, Nelia Gonçalves, one of our Familyhome Providers, held a surprise party to celebrate the tenth anniversary of sharing her home with Sandra Davis who is one of her Familyhome Sharers. Most of Sandra's family from in and out of town attended, and some of Sandra's friends were also present.



The occasion was marked with perfect weather to have an evening BBQ. Our Director of Community Services, Gilles Fontaine and Tom Gillespie, the Supervisor of the Familyhome Program, were present, as well as Chantal Jacques who is a Social Worker with the Familyhome Program. Donald Loverin is the other Familyhome Sharer living within this family and he enjoyed the celebration as well.

Sandra and Nelia have worked hard together to make this match a great success over the ten-year period. Each person has learned to accept and compromise throughout the years. This of course is not unlike any other family that works to stay together.

The Familyhome Program is designed to share your home and family life with an adult with a developmental disability. There are many couples and individuals capable of providing the warmth and support needed.

The Program's philosophy is that each Familyhome Sharer has the opportunity to share, as much as possible, in the responsibilities and pleasures of family life. Most Familyhome Sharers are active in the community; they may attend a Day Program activity such as a sheltered workshop or school on a full-time basis.

All potential Familyhome Provider Applicants must go through a thorough assessment before being accepted into the Familyhome Program. This involves completion of an application, a police background check, fire and public health inspections of your home, letters of reference, a home study and an in-depth interview by the Familyhome Social Worker.

The Ottawa Carleton Association for Persons with Developmental Disabilities would like to extend congratulations to the following Familyhome Providers who celebrate their distinctive anniversary within the Familyhome Program.

Mrs. Ladorna Penteluk	14 years
Ms. Karen Schroeder	13 years
Ms. Sheila Fields	12 years
Mr. & Mrs. Jennings	11 years
Ms. Barbara St-Pierre	11 years
Mr. & Mrs. Julien	10 years
Mr. & Mrs. Latreille	10 years
Mr. & Mrs. Steele	10 years
Ms. Carol Coutu	10 years
Ms. Anna Branker	10 years

If you are interested in becoming a Provider or you just want more information about the Familyhome Program, please call the Supervisor of Family and Community Support Services, Tom Gillespie at 569-8993 extension 231.

## Respite Care Program

On July 7<sup>th</sup>, 2001 the Respite Care Program hosted a 10<sup>th</sup> anniversary family picnic. The Program has been at the Lavonne Court location since July 1991. A number of families gathered for the celebration.



The Respite team would like to thank the following for their generous donations: Home Depot, HMV, Museum of Civilization, McDonalds Restaurant, Para Med, Ray's Reptiles and Carleton Place Nursery.

Each family was presented with a parting gift.

Team member Tina Stinson was presented with a bouquet of flowers for her efforts in the planning of the event.



Until next year.

Thank you.

Julie Leonard,  
Supervisor

## EXECUTIVE DIRECTOR'S REPORT

2001 was an active year for OCAPDD and the Developmental Services sector in both Ottawa and Ontario.

In the Provincial Budget, \$197 million was announced for infusion into our sector over a period of five years, along with another \$67 million in funding for capital projects. These funds have finally been allocated, and the following is a summary of the portion that will end up in Ottawa, and the services that will be created for individuals currently on the Registry at Service Coordination:

- Capital and operating funds have been approved to open two new group homes that will support 10 individuals (Tamir Foundation will operate one home, with the second agency still to be determined)
- Over \$130,000 has been approved to create 11 new Day Program spaces
- Over \$116,000 has been approved to support 5 individuals in an Accommodation Program (other than group living)
- Over \$115,000 has been approved to support 27 individuals through Out of Home respite

The Foundations Initiative previously reported on, has continued to develop. 17 individuals are being supported through Phase I of the project, and 15 individuals will be supported through Phase II of the project. OCAPDD is supporting 3 through the Phase I component, and provided comprehensive assessments for 10 of the individuals to be served through Phase II. The Phase III proposals that have been selected for funding approval were announced recently. Unfortunately, no proposals from Ottawa were selected for funding in this Phase. I would like to again thank all of the volunteers who participated in the development and refinement of OCAPDD's proposals.

OCAPDD was successful in obtaining a grant from the Community Foundation of Ottawa, to support our efforts to create a Snoezlin Room at one of our facilities. OCAPDD is actively participating in a multi-agency initiative to seek the substantial funding required to build a full Snoezlin Room, and this donation will be of assistance with that activity. While the donor has requested to remain

anonymous, we appreciate the assistance of the Foundation's efforts in communicating our needs to such a generous supporter.

Ottawa City Council recently adopted recommendations of the City Transit and Transportation Committee regarding changes to Para Transpo. The first recommendation was the utilization of a 'functional assessment' rather than a 'physical assessment' for eligibility. Certainly this has been an area of lobbying from our sector for many years, and appears to be a positive development. The requirement for attendants remains for many however, so the actual impact of the changes will need to be monitored in the future. The full discussion and decisions can be accessed at the following Internet address: <http://www.city.ottawa.on.ca/calendar/ottawa/citycouncil/occ/2001/11-28/ttc/ACS2001-CCS-TTC-0013.htm>

The Ontario Government passed Bill 57 in June of this year. One item within this omnibus Bill was the exclusion of any agency funded under the Developmental Services Act from HLDA (Hospital Labour Disputes Arbitration Act). As previously reported and discussed, labour relations within OCAPDD are currently governed by HLDA. However, upon the expiration of the next collective agreement with CUPE Local 1521, OCAPDD will no longer be considered a 'hospital' and governed by HLDA. The actual date of that change will not be known until the next collective agreement is awarded through binding arbitration, but will not be before April 2003.

As you are probably aware, December 3<sup>rd</sup> was the International Day of Disabled Persons. The objectives of the Day were to promote increased awareness of disability issues, and to mobilized support for practical action to improve the well-being and life of persons with disabilities on the basis of equality.

On November 30<sup>th</sup>, Lieutenant Governor Hilary Weston and Minister of Community & Social Services John Baird signed the proclamation to repeal the Homes for Retarded Persons Act (HRPA). The HRPA had been enacted in 1966 to regulate group homes for adults with developmental disabilities.

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## Executive Director's Report

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"Families and caregivers had continuously expressed to me that the act was inappropriate and demeaning," said Baird. "As part of our commitment to people with developmental disabilities, we have updated laws to make them current, clearer, and more sensitive to the people they serve." The Government's 5-year budget commitment to invest \$197 million in the developmental services sector was reaffirmed in the package of information released with this announcement.

I would like to wish you and your loved ones a safe and joyous holiday season, and look forward to further communication with you in the New Year.

Happy Holidays! Joyeuse fêtes!  
David A. Ferguson



### *Nevada Tickets Anyone?*

*Beckers at 2951 Bank Street sells Nevada tickets and OCAPDD receives a portion of the proceeds from the ticket sales.*

### Did you know?

- ◆ OCAPDD and several other Ottawa Agencies are supporting Service Brokerage via the insertion of their newsletter with our newsletter.
- ◆ OASIS has changed their Internet Web Site address to [www.oasisonline.ca](http://www.oasisonline.ca).
- ◆ The Ontario Government recently announced \$20 million to help children with special needs through Children's Treatment Centres. For more details visit their Web Site at [www.gov.on.ca/health](http://www.gov.on.ca/health).

## Programme francophone de Répit

Service de répit aux personnes ayant une déficience intellectuelle.

**Philosophie:** procurer du repos aux familles qui hébergent et aident des personnes (enfants et / ou adultes) ayant une déficience intellectuelle. Ainsi les clients peuvent vivre dans leur milieu familial le plus longtemps possible et promouvoir l'indépendance chez la personne.

**Mode de fonctionnement:** le programme offre des sessions de dix jours. Ces sessions peuvent varier selon les besoins de chaque famille. Nous avons une session pour les adultes et une session pour les enfants chaque mois.

De plus, il y a un service d'urgence afin d'accommoder les situations imprévues, par exemple, maladie, décès, incendie et autres.

**Activités:** natation, restaurants, parcs, pique-niques, cinéma, danses, patin, parc oméga, aventure cosmique, piscines à vagues, musées, ferme expérimentale, usine Hershey et magasinage.

**Buts:** repos, urgences, exercices, conscience sociale, développement personnel, rencontres, découverte, transport, transition et activités sociale.

**Équipe:** notre équipe comprend cinq personnes qualifiées dans le domaine des services sociaux. Nos employés(ées) reçoivent une formation permanente: réanimation cardio-respiratoire, premiers soins, intervention en situation de crises, WHIMS. Tout nouvel employé doit fournir une preuve d'un service de police comme quoi il n'a aucun antécédent judiciaire.

**Demande d'admission:** il faut remplir un formulaire de demande d'admission accompagné d'un rapport médical et d'hépatite «B». Il est également nécessaire de signer un consentement à l'administration de médicaments prescrits et non-prescrits ainsi que le formulaire 14 de l'Acte de la santé mentale du gouvernement de l'Ontario. Nous devons connaître les habitudes alimentaires (allergies et régimes particuliers) de nos clients et obtenir une photo pour établir leurs profils.

**Pour de plus amples renseignements veuillez vous adresser au:** (613) 744-1257

**We also have an anglophone program:**  
Telephone: (613) 225-6112

## United Way Campaign Results

The Ottawa-Carleton United Way campaign kicked off on Friday, September 21. OCAPDD began a very spirited campaign on Tuesday, October 9 and continued to Friday, November 19. Our goal this year was to gain a significant increase in the number of participants in the Employee Payroll Deduction Program. We are very pleased that eighty employees have signed on, making this year the most successful in recent years.

Several programs across the agency got into the spirit of giving by organizing special fundraising events. Special mention to OCAPDD for donating five "paid days off" which were raffled away to those employees participating in the Employee Payroll Deduction Program. Honorable mention to the Trainee Committee of the Loeb Centre who for the second year donated all proceeds of their annual Hallowe'en Dance. As well the Loeb Centre donated all proceeds from the United Way Fun Day. The staff in Administration, Quinlan Centre, Public Archives and the Centre de Transition Communautaire organized several very innovative schemes, raising several hundreds of dollars.

This year OCAPDD employees raised a total of \$6,973.74. Congratulations to all employees for the superb effort and for recognizing the impact that a successful campaign has on our own agency as well as all agencies who receive and depend on annual support through the United Way.

Ann-Marie Engelberts-Cousineau  
Supervisor, Quinlan Centre

## Special Thanks



On behalf of the Association a big heartfelt thank you goes out to Ann-Marie Engelberts-Cousineau who for a second year has been the United Way Campaign Coordinator.

## *In Memoriam*

### *Rene Marion*

*March 11, 1952 – November 29, 2001*

*It is with great sadness that we note the passing of Rene Marion, a client of Moffatt House and ARC Industries. Rene passed away suddenly on November 29<sup>th</sup>, 2001. Our thoughts and prayers remain with his family and friends.*

### *Franca Ranieri*

*(Ratan Residence and Quinlan Centre)*

*August 19, 1977 – May 31, 2001*

*Although her physical presence no longer graces our lives, Franca's spirit and love of life continues to live in the hearts of all who loved and cared for her:*

*With her beautiful smile and infectious laugh to brighten our day.*

*With her strength and fortitude to inspire our challenges.*

*With her kindness and generosity to enhance our joy.*

*With her enthusiasm and mischievousness to create spontaneous laughter.*

*With her tenacity and persistence to give us strength.*

*With her tolerance and unconditional love.*

*In 23 years, Franca enhanced our lives with a lifetime's worth of gifts*

*These and our precious memories of her will be forever cherished.*