



ESPRIT

NEWSLETTER

Fall/Winter 2004

Christmas is just around the corner!

Do you need help wrapping those Christmas gifts?

As in previous years, OCAPDD is wrapping gifts at the community booth at the Carlingwood Mall. More than 300 volunteers are helping to wrap gifts to raise funds for the Association.

We will kick off our 2004 gift wrap campaign on Friday, December 3rd and will be wrapping until 5pm on Christmas Eve.

We raised over \$9000 last year and this year we are aiming for \$10,000. Come out and let us give you a hand with those Christmas gifts!



Gift Wrapping at Carlingwood Mall

Hours of Operation are:

Mon—Fri 9:30 am to 9 pm

Saturday 8:00 am to 9 pm

Sunday 9:00 am to 6 pm

Midnight Madness on Friday,
December 3rd, 10th & 17th

Saturday, December 18 until 10 pm

Sunday, December 19 until 9 pm

Thursday, December 23 until 10 pm

And Christmas Eve until 5 pm

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Did you know?

- ♦ *Volunteers run a Yoga class at Loeb and a cooking and arts program at Quinlan.*
- ♦ *Art class at CTC.*
- ♦ *Music and reading program at Oakdean.*
- ♦ *A craft-baking group at Ahearn.*
- ♦ *We now have three Therapy dogs—one at CTC, Loeb and Beaudry.*
- ♦ *Our Ottawa U branch is blooming too! We have 21 matches this year. Best Buddies is an international program which matches University/College students with individuals with and intellectual disability.*

Honorary Lifetime Member Award Presented to Rita Aubrey

It was with great pleasure that the Board of Directors of the Ottawa-Carleton Association for Persons with Developmental Disabilities awarded and thanked Rita Aubrey. Her contribution to the Association's aim of helping people with developmental disabilities realize their fullest potential in the community were awarded.



RITA AUBREY AND DAVID FERGUSON

CONGRATULATIONS RITA!

Having the winter blues? Think GOLF!!!!

OCAPDD's 5th Annual Golf Tournament will be held on June 20th at the Hautes Plaines Golf Club.

Start polishing your clubs and come enjoy a fabulous day of golf, great prizes and excellent food.

Need a Christmas gift for someone?

Why not give them the ultimate day!

Register by January 31, 2005 and save \$50.00 per foursome or \$10.00 per person. (Registration form is attached)

For the 5th year in a row Stuntman Stu from "106.9 The Bear" will be our Celebrity MC.

Our 2005 fundraising goal is to have 34 foursomes participate. We can achieve our goal if we all participate. The success of our golf tournament is due to all of the participants and sponsors.

If you would like to be a sponsor at our golf tournament, donate a prize for the silent auction, door prize or participate, please contact the 2005 Golf committee at 569-8993 ext. 245.

Here are the different sponsorship programs....

Sponsorship packages have been designed to provide maximum sponsor recognition and exposure among golfers as well as the general public.

Gold Sponsorship - \$1000.00

All Gold Sponsors will receive one foursome into the tournament, recognition in our programs, during dinner as well as a prominently displayed sign.

Silver Sponsorship - \$575.00

All Silver Sponsors will receive a twosome into the tournament, recognition in our programs, during dinner as well as a sign displayed at our registration desk.

Bronze Sponsorship - \$300.00

All Bronze Sponsor will receive a sign placed on a hole with the company name, recognition in our program and during dinner.

Gift Sponsor

Each golfer will receive a gift to thank them for their participation in this worthwhile event. Prizes donated by your company will be given to a participant with your business card attached.

Silent Auction Items

We will be hosting a silent auction during dinner. Each company or individual donating a prize for this event will receive recognition in our program and will be listed on a sign during the banquet.



Who will BEAT this Team who won for the 2nd YEAR?

OCAPDD WISHES TO GIVE SPECIAL THANKS TO OUR 4TH ANNUAL GOLF TOURNAMENT MC AND SPONSORS

Master of Ceremony

The Bear's 'Stuntman Stu'



Hole in One Sponsor

Surgenor National Leasing

Gold Sponsors

Corporate Renaissance Group & Microsoft

Gowling Lafleur Henderson LLP

Stewart & Associates

Hicks Morley

Silver Sponsor

The IT Department Inc.

Bronze Sponsors

Equity Management Int'l LLP

TD Commercial Bank

Emond Harnden

CentrepoinTE Law Firm

HMS Tropical Plants Inc.

Geoff & Bobby McGowan

Door prize Sponsor

Golfwright

Mountain Bike

Card game sponsor

GRI Labour Relations Management Inc.

If you missed our GOLF TOURNAMENT last year.....This is what you missed!



THANK YOU FOR THE GIFT DONATIONS

We received many wonderful gift donations from various individuals and enterprises. Thank you again for your support and we hope to see you again at next year's golf tournament.



The Golf tournament would not be possible without the help of dedicated people.

SPECIAL THANKS TO THE TERRIFIC COMMITTEE MEMBERS

Sylvie Moore
Gene Markell
Claudette Clost
Jennifer Strong
Debbie Blasutti
Jocelyne Parent Lewis

Wondering what to get for the person who has everything?.....

Well OCAPDD has that perfect gift. "The Silver Spring Farm Cookbook". This very special cookbook is dedicated to all persons with developmental disabilities, their families and their caregivers.

Many individuals, organizations and corporations have contributed to the success of this project. Such an endeavor could not have come to fruition without tremendous help.

You can purchase the book at OCAPDD head office or we can mail to any location required. For as little as \$14.98 including all taxes, you can purchase the ultimate gift of caring for special people.

But hurry, we just have a few left to sell of this amazing book.

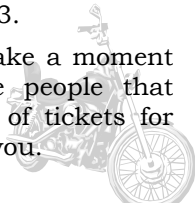


Harley Davidson Province wide Raffle and Community Builder Awards

The numbers are in from our Harley Davidson Province-Wide Raffle!

Unfortunately ticket sales were disappointing, and our share of the pie was only \$63.

We would like to take a moment and thank all the people that helped in the sale of tickets for this event. Thank you.



Community Builder Awards

United Way /Centraide wants to celebrate those who have made Ottawa a wonderful place in which to live, work and raise a family. Community Builder Awards are given to people or groups who are helping to build a caring community.

In October two volunteers from OCAPDD received this prestigious

award. Nicole Beattie and Jamila Guebells were presented their award for their time and dedication to overseeing and developing the Best Buddy program at Ottawa University and Algonquin College.

OCAPDD Fall/Winter 2004 Executive Director's Report

As most of you will be aware, in September Minister Papatello announced a new date for the closure of the three remaining institutions in Ontario. While all three political parties have supported the plan to close these facilities when in power as Government, the date had been 2012. The Minister's announcement has now moved the date up to March 31, 2009. It is reported that just over 1,000 individuals are living in the three remaining facilities - Rideau Regional Centre, Southwestern Regional Centre, and Huronia Centre. The Ministry anticipates that 150 - 200 individuals may move to the Ottawa region from Rideau Regional Centre. Obviously this will have a huge impact on the developmental services sector in Ottawa. Unfortunately at this stage, there are more questions than answers regarding this process. This includes funding, planning and the community resources that will be required. Additionally, and as importantly, there are no answers regarding how this initiative will affect the waiting list in Ottawa. OCAPDD, along with every other agency in Ottawa, has already expressed to the Ministry the importance of addressing the needs of those individuals and families as this process unfolds. George Braithwaite and I have also expressed this concern directly to both the Minister and Deputy Minister, and stressed its importance. I do not expect the process to really begin until the Spring of '05.

The Minister has also announced "new" funds for the sector. However these funds

appear to really be part of previously announced funding initiatives by the previous Government. The following funding allocations were announced in November: \$2.5 Million for Special Services At Home; \$2.5 Million for the Foundations Initiative; \$5 Million for operating budgets; and, \$12 Million for one time expenses related to minor capital or health and safety items.

As mentioned in the President's Report, an additional significant process has begun in Ontario for the developmental services sector. This is known as "the Transformation Process". The mandate was announced in the Budget Speech in May '05, and includes a number of stakeholder groups from across Ontario. These groups include OASIS, Community Living Ontario; Faith based agencies, MARC (Metro Toronto agencies), Great Lakes Society (Schedule II facilities), Family Alliance, and People First. The Deputy Minister, Assistant Deputy Minister, and the Director of Policy for Developmental Services represent the Ministry. This group has been meeting regularly since early in the summer, and recently distributed a report to each group's membership. The report includes 7 key questions that the Ministry is seeking feedback on by the end of November. Once received, the Ministry will generate a policy document that will set out the future for the ds sector for the next decade or longer. Currently you can read the initial report from the OASIS website, at www.oasisonline.ca. When the Ministry

have generated their policy document, there will be an 'across the province' consultation process for any interested party to participate in. OCAPDD will ensure that its members are informed of the Ottawa based consultation session(s).

As also mentioned in the President's Report, OCAPDD continues to face many financial pressures. While cost-saving initiatives have been taken, OCAPDD is meeting with the Ministry regarding the ongoing fiscal pressures. As previously reported, OCAPDD has not received any increase in its operating budgets for non-salary items in over 15 years, and the accumulation of inflationary pressures have caught up to the Association. We will certainly keep you informed of the status of these discussions.

On a lighter note, I would like to wish you and your loved ones a safe and joyous holiday season, and look forward to further communication with you in the New Year.

Happy Holidays! Joyeux Fetes!

David A. Ferguson

New Developments with the Familyhome Program

The Familyhome Program has been an active part of the Ottawa Carleton Association for Persons with Developmental Disabilities for 17 years. Our association currently supports 21 Familyhome Providers and 33 Familyhome Sharers.

In response to an increase in demand and support from the Min-

istry of Community and Social Services Support, we are in the process of expanding this program. We recently introduced a new model called the **Homeshare Model**. In this model the Familyhome Sharer provides the home and the Provider moves into the home to provide the needed support. This model is different in that traditionally Familyhome Providers own the home and Sharer live with the family.

Many parents have requested the possibility of leaving their homes to their children, but understand that they will require support to continue to reside in their homes. We believe that creating a natural home environment is an excellent way to provide the type of support that will allow people to live normal healthy lives, giving the opportunity to share as fully as possible in the pleasures of family life. (continues on back page)

Celebration of People

by Heather Badenoch, Citizen Advocacy of Ottawa

Celebration of People is the top event in the National Capital region marking the 12th Anniversary of the United Nations International Day of Disabled Persons.

In My Shoes runs Monday, November 29 to Friday, December 3. In My Shoes is a job shadowing and educational experience for community leaders from all Ottawa industry sectors. Community leaders will share one to two hours in the morning shadowing a person with a disability in order to increase awareness and under-

stand first-hand what a person with a disability encounters each day.

The Celebration of People Awards Dinner is at Tudor Hall on the evening of Friday, December 3, 2004. The dinner honors individuals and organizations in our community who model inclusion and excellence through their personal or corporate example. Local blues lady, Maria Hawkins, will provide the evening's entertainment.

More information is available on the website:

www.celebrationofpeople.com.

"Each day comes
bearing its
own gifts.

Untie the ribbons."

-Ruth Anne Schabacker

President's Report

The Annual General Meeting of OCAPDD was held in September this year instead of June. This change of schedule was the result of a survey of the membership, which showed that the September date was more convenient. The meeting was well attended, with the theme of on-going organizational change highlighted. A number of Letters Patent and By-Law amendments were introduced to try to bring OCAPDD's procedures and structures more in line with modern practice. The meeting was lively with the results being that the Board was instructed to address the closure of the Rideau Regional Institution, while procedurally a new Nominations Committee was struck which upon completion of its work members will be called upon again to vote on or confirm the proposed new Board members.

The Board has been faced with many challenges in the past year, some of them long-standing like continued operational financial

pressures and the waiting lists for services, and some of them new ones like the moving forward of the closure of Rideau Regional, already mentioned. In addition the sector as a whole is undergoing a review and transformation process and OCAPDD is actively involved with OASIS in offering its perspective, insights and ideas. The President of the Board and the ED recently attended an OASIS consultation where representatives of some 50 member organizations spent a day providing their assessment of sector needs and priorities for input into the government's Partnership Table initiative.

Also within the last month the President attended a Meeting of the Society for Association Executives where he was introduced to some of the latest thinking about Board Governance. It has been said that trying to change or re-engineer an organization is like "putting your hair on fire and trying to put it out with a hammer". Indeed. In one highly regarded reference titled a

"The Will to Govern Well" some of the changes that are occurring to help organizations and associations govern more effectively have been described as moving:

- o from a focus solely on members to that of a broad community of stakeholders;
- o from being power driven to being value driven;
- o towards a process of governing in an increasingly strategic manner.

The move from one to the other is easier said than done, but the Board is continuing to work actively to engage a wide community of stakeholders, to seek value, and to focus attention on the strategic issues.

On behalf of the Board, I would like to extend Seasons Greetings to you all.

Bill Cowie

Kudos

Nortel Networks for helping out at the Loeb and Quinlan Centre on November 19th.

The **TD Bank** for helping with cleanup at Silver Spring Farm and for the most generous donation of \$750.00 towards our WAMM program.

To the youth from the **Church of the Latter Day Saints** who once again this year planned games, entertainment, prizes and provided manpower and food for a barbeque and carnival at four of our day programs.

And a 'Special thanks' to all those who participated in the **Mayors Walk**. \$350.00 was raised. Next year's event will be held on Saturday, September 10th, 2005 so mark your calendars.

What is needed

VOLUNTEERS

are needed to run and/or assist art programs of all kinds.

VOLUNTEER MUSICIANS

are needed to expand small group programs run in the evening or on the weekend at various locations throughout the city.

VOLUNTEERS

to develop new fund raising initiatives for WAMM. Anyone want to help run a dart tournament?

If interested in helping out please contact **Debbie Blasutti**
at 569-8993 ext. 243

In Memoriam

OCAPDD wishes to express their deepest sympathy to the families and friends of clients

Anicet Bourdon

Gerry Hilliard

Diana Keeney

Janice Morton

Diane (Marie) Poirier

Nathalie St. Pierre

Julie Sunderland

Tony Toscas

Tam Umbach

Staff member

Ms. Shan Merriman

and long time Board member

John Butler

Ontario Service Award

The Ontario Service Awards were created by the Ministry of Citizenship, Culture and Recreation to recognize individuals who have given continuous years of outstanding volunteerism to organizations. This fall the following OCAPDD volunteers received the Ontario Service Award. Angela Blasutti, Robert Blasutti, Erick Sodhi, Dick Howey, Jane Lindsay and Damodharen Narayanan. Each received their five year pin. Congratulations to each of you.

Day of Caring 2004

On Thursday, October 7, 2004, the United Way/Centraide Ottawa-Carleton and Volunteer Ottawa held their fifth Day of Caring. OCAPDD was the recipient of 9 matches and 96 volunteers who provided us with 576 hours of time. Hats off to Bell Canada, Borden Ladner Gervais, Leadership Ottawa, The Distress Centre Ottawa and Region, MDS Nordion, Osgoode Properties, and The Ottawa Senators Hockey Club. A big thank you to all staff who participated in the day and for all their hard work in making the day a success.

WAMM Update

WAMM was an art program developed in 2003 for OCAPDD individuals, to help them communicate in ways other than by conventional means. These art programs allow individuals to express themselves. In the last year we have raised just over \$5,000 which allowed us to implement a twenty-week music program at Rosenthal, an eight-week mixed medium program at Rosenthal, two (2) eight-week art classes for the Loeb and Quinlan Centres, as well as a monthly music program for both the Loeb and the Quinlan Centres. It has been a great year. You should see the smiles. Art work is on display at the Loeb Centre.

Le programme de répit a déménagé.

Le programme de répit a élu domicile au Fairlawn.

C'est en octobre 1991 que le programme a débuté dans un appartement qui est très vite devenu « la maison de répit Bathgate ». Et nous voilà enfin dans un bungalow. C'est une maison seule de trois chambres à coucher, avec une salle de jeux au sous-sol et une grande cour clôturée. La maison est accessible.

Durant les premiers jours de novembre l'équipe de répit a peinturé, nettoyé et tout installé . On a eu une soirée porte ouverte le 9 novembre qui fut un grand succès. Nous sommes fiers d'offrir un service de répit francophone.

Il faut aussi mentionner qu'à chaque fin de session de 10 jours pour les francophones, nous offrons 3 jours pour les personnes anglophones qu'on appelle Respite Expansion.

Respite Expansion moves to Fairlawn

The Respite Expansion program, a new program to OCAPDD has now moved to the Fairlawn site. This program was initiated in the summer of 2002. It offers respite to Anglophones every other weekend when the francophone Programme de Répit is closed. Thanks to the Programme de Répit and Respite Expansion teams for all the hard work during the move.

Photo on back page

Meet the United Way 'Super Committee Team'

By Jocelyne Parent Lewis

Super Committee Members



The picture above shows the committee members receiving their United Way certificates from Dr. Bakhshish S. Samagh

Sylvie Moore
Claudette Clost
Diane Vallieres
Angela Jones
Jocelyne Parent Lewis
and our very own
salesman Mark!

I would like to take this opportunity to thank this year's committee members for helping to make the OCAPDD United Way Campaign a successful event.

We have a fantastic, committed team with great imagination, lots of fund raising ideas and generous hearts.

They have worked very hard in the campaign. Some of the events were soup days twice a week, bake sale, and 50/50 draws. Boy, did we eat well during this United Way campaign!!!

Again, thank you for your superb effort in making the 2004 United Way Campaign a successful one.



Ottawa Carleton Association of Persons with Developmental Disabilities

"Persons with developmental disabilities, as full members of society, live healthy, safe and secure lives, growing with dignity, enjoying equitable access to the broadest range of societal supports."

L'Association d'Ottawa-Carleton pour personnes ayant une déficience intellectuelle

"Les personnes ayant une déficience intellectuelle, en tant que membres à part entière de notre société, vivent leur vie en santé et en sécurité tout en croissant avec dignité et en ayant un accès équitable à la vaste gamme de programmes sociaux disponibles."

How to contact us: **By Phone:** 613-569-8993
 By fax: 613-569-9865
 By email: ocapdd@ocapdd.on.ca
 Website: www.ocapdd.on.ca

Our street name is changing [not our location]

Effective January 15, 2005 our new mailing address:

Administration Offices
250 City Centre Avenue
Suite 200, Ottawa, K1R 6K7

Present Address:
880 Wellington Street
Suite 200

(continued from page 4)

For this model to be successful we require a family willing to give access to their home, a good match with a Provider willing to live-in with the people that they support and a long term funding commitment from the Ministry of Community and Social Services. Ministry funding is used to provide the support of a case manager that monitors the home environment and assure continuity of service.

We are currently looking for new full-time Family-home Providers, Respite Providers and Emergency Familyhome Providers for both adults (18 years and over) and children (0-18 years of age). If you are interested in discussing a project or want to become a Familyhome Provider, please contact The Family-home Program at (613) 569-8993 at extension 232.



[Continued from page 7]

Shown above from 'Programme de Répit' - Guirlène, Janine, Pierre and Annie. And from the 'Respite Expansion' Sheilagh and Christy and Julie Leonard

**"Sharing your home is the
greatest gift of all."**