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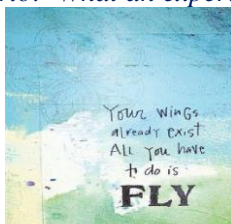


“All our Dreams can come true, if we have the courage to pursue them.” Walt Disney

Open Hands



Jim's picture needs no caption!! This is him flying a plane over Summerstown, Ontario! What an experience!



Celebrate the Good Times!

Importance of Achieving Meaningful Goals

Submitted by: Reina McDowell

One of my favorite things at work is receiving pictures of people achieving meaningful goals. This newsletter will highlight the commitment and dedication of our staff helping people attain their goals utilizing person centered practices! The sense of accomplishment is essential for our self-esteem and overall well being! **So continue being the dreammakers, go getters, and joy seekers....your efforts can change the world, one person at a time.**

The top picture is of Wissam catching the bus! For many years Wissam has had a fear of being in a vehicle....and through trust and rapport he has successfully taken the bus and continues to learn more routes! The pride in his face says it all!



Ryan's goal was to go skating and with the help of his roommate Matt he was able to do so!



Katelyn completed her dance lessons! Here she is at her recital with her instructor!

Celebrating Goals Achieved!!

Below: Chris being brave and riding a ski-doo during a snow storm!



- Sheldon horseback riding!
- Alex enjoying the playground!
- Marc trying out the drums!



Community Engagement and other fun stuff.....



Pictures from:

- Open Hands BBQ
- Open Hands Breakfast
- Community Access Events

Employee Engagement

Employee Quotes about Achieving Goals:

"The ability to help people achieve their goals! Seeing them doing something new that they wouldn't have the opportunity to do. Seeing the excitement on their faces when they accomplish their goals!" Shawna

"I feel honored to be able to fulfill people's goals and dreams. Making the steps to help them get there." Jen L.

"Choose a job you love and you will never have to work a day in your life" ~ Confucius



THANKS
FOR
BEING
AWESOME



Project Ryan Fundraiser



EMPLOYEE
RECOGNITION



Together
we
make
the
difference

Open Hands Golf Tournament



Most Honest Team Winners!
Congratulations Reg, Matt, Val and
Peter!

WE MAKE A
LIVING BY
WHAT WE GET,
BUT WE MAKE A
LIFE BY
WHAT WE GIVE.

~WINSTON CHURCHILL

Strategic Planning Committee – Tips to Help People Achieve Meaningful Goals:

- ➔ Get to Know People
- ➔ Understand what is important for and important to concept
- ➔ Think outside the box and imagine what is possible
- ➔ Be willing and able to try
- ➔ Have fun
- ➔ Relationships and Inclusion are the priority
- ➔ Capture the moment
- ➔ Celebrate successes



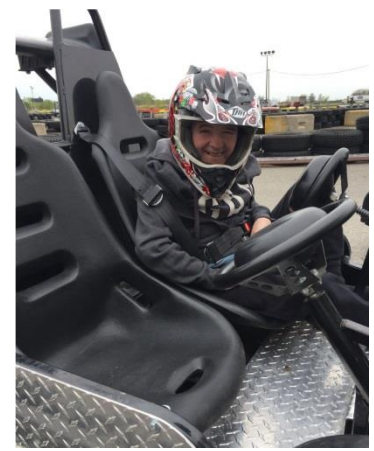
Quotes from People Supported:

“This summer I went to Laronde. I went on a Roller Coaster! Wheee! It was scary and fun at the same time!”

~ **Jen**

“Open Hands is my family and I love all the nice people in this company.” ~ **Jeff**

“I like the staff and hanging out with my friends. I like my cool room! They help me to go to places like Zumba, movies, and other fun stuff!” ~ **Christian**



Zumba enthusiast Lesley unfortunately has had to miss her classes! Well she was missed by her instructors and they came to her! She was happy to hear that she is missed by everyone at the class! They are looking forward to her return and wished her a speedy recovery!

